HOWES, J. C., proprietor of Howe's Vitapathic Institute; born in Somerset Co., Me., July 10, 1840, and received his education in that State; prepared himself for a physician; he came to Iowa in 1863, and came to Marshalltown in 1871; he passed through College, the Vitapathic System, at Cincinnati, Ohio; he established his Institute here in 1874, and it is the only one in this State. He belongs to the Reincorporation of the Vitapathic School of Cincinnati, Ohio, and is one of the four members of the School Vitapathic American Health College; one of the members promoted to the ministry of the Religio-Philosophical Medical College. Married Sophia Rickel, from Eldora, Iowa, in April, 1878.